

CARE, STORAGE AND TRANSPORT OF THE HEALTHY WAVE MAT



STORAGE AND TRANSPORT

To fold the mat, remove the power plug then fold the mat INWARD ONLY. Only fold the mat in the same places where it originally was folded.

If you need to store your mat, use the dustproof bag provided.

Keep the mat in a dry and ventilated place.

Your mat will last longer the less you fold or bend it.

Keep your original shipping box in case you need to ship the mat somewhere.

USE AND CARE

Cover the mat with a blanket or towel to protect the body from direct heat, and to protect the mat from sweat. You may also use the waterproof cotton padded cover.

After use, set the mat on high heat to allow moisture to evaporate. After a few minutes turn off the power and unplug the cable. Do not leave your mat unattended while it is powered on.

Clean the surface of the mat with a dry cloth.

Do not bend or put pressure at the plug-in connector to the mat.

Do not leave the controller on a heated mat.

Lay the mat on a firm surface or a firm bed for use. Creating too much flex to firm mats such as the PEMF models can damage the internal components.

For chair mats ensure the mat is only bent in the one place designed to be bent. Do not use on couches that are too soft and would create bends in the mat in other places.